

## Group Process Recording

Name:

Session:

Date:

Briefly describe the session:

What, if anything, did you plan as a topic of discussion?

What topic/s were actually addressed?

Describe the group tone/ atmosphere:

Did you see any bonding/ connections? Between whom? What bonded them?

Was there any mutual aid? Please describe:

Were there any new problems, issues, themes brought up in this session?

Were there any challenging group dynamics? What do you make of this?

What group member roles did you see played out? (eg. silent member, dominating, clown, peacemaker...)

What work (growth) was accomplished during this session?

Based on your analysis, what did you do well?

Choose two interactions from the session: One, that upon reflection, you feel went well and where your intervention worked for the group. What was your goal? Why do you think it went well? AND choose one that you would like to be able to go back in time and do over. What would you have done differently? How might you have been more effective? What (exact words) could you have said or done?

In the section below, identify key areas of interaction during the session. Use verbatim accounts to describe these key interactions and your interventions. Use summarizing statements to fill in the gaps.

Content of Contact	Student's observations/ impressions	Student's feelings, reactions, thoughts

Content of Contact

Student's observations/ impressions

Student's feelings, reactions, thoughts